

# Just Little Married: A Comprehensive Guide to the First Year of Marriage

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- **Be honest and open.** Don't try to hide your thoughts or feelings from your spouse. If you're feeling something, tell them.
- **Be respectful.** Even when you're disagreeing, be respectful of your spouse's opinion.
- **Listen actively.** When your spouse is talking to you, really listen to what they're saying. Don't just wait for your turn to talk.
- **Use "I" statements.** This will help you avoid blaming your spouse and take ownership of your own feelings.
- **Take time to talk.** Don't try to have serious conversations when you're both tired or stressed. Make time to talk when you can both relax and focus on each other.
- **Stay calm.** When you're feeling angry or upset, it's easy to say things you regret. Take a few deep breaths and try to calm down before you talk to your spouse.
- **Avoid name-calling and blaming.** This will only make the situation worse. Instead, focus on the issue at hand.
- **Use "I" statements.** This will help you avoid blaming your spouse and take ownership of your own feelings.

- **Listen to your spouse's perspective.** Even if you don't agree with them, try to understand where they're coming from.
- **Be willing to compromise.** You're not always going to get your way. Be willing to compromise and find a solution that works for both of you.
- **Create a budget.** This will help you track your income and expenses and make sure you're living within your means.
- **Communicate about your spending.** Talk to your spouse about how you're spending money and make sure you're both on the same page.
- **Set financial goals.** What do you want to save for? A down payment on a house? A new car? Retirement? Once you know what your goals are, you can start to create a plan to achieve them.
- **Be flexible.** Things don't always go according to plan. Be prepared to adjust your budget and financial goals as needed.
- **Make time for each other.** Don't let your relationship get pushed to the back burner. Make time for each other every day, even if it's just for a few minutes.
- **Communicate your needs.** Don't be afraid to tell your spouse what you need from them. Whether it's physical affection, emotional support, or just some time to talk, let them know what you need.
- **Be open to new experiences.** Sometimes, intimacy can get boring. Don't be afraid to try new things and explore your sexuality with your spouse.
- **Respect each other's boundaries.** Not everyone is comfortable with the same level of intimacy. Respect your spouse's boundaries and

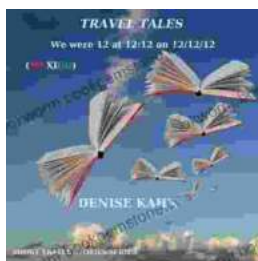
don't pressure them to do anything they're not comfortable with.



## Just a Little Married: A marriage of convenience romance (Moonlight Ridge Book 3) by Reese Ryan

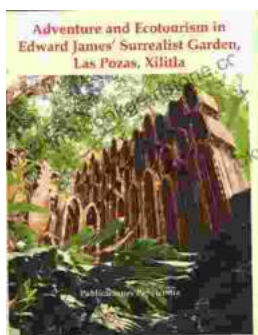
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